

**2016 RMN JNQ**

**February 20th & 21st 2016**

**Schedule of Events**

**Tuesday, February 16, 2016**

7:00 PM Entries due

Email entries to Mike Elliott from Four Corner’s Timing (teamelliott@frontier.net) - see attached entry form sheet

**Wednesday, February 17, 2016**

12:00 Entry list published for distribution

**Thursday, February 18, 2016**

12:00 PM Entry list will be published and distributed

9:00 PM Start list published

**Friday, February 19, 2016**

10:00 AM Course open for inspection

4:00 PM Course Closes

6:00 PM Team Captain’s meeting (at VSSA — upstairs conference room)

**Saturday, February 20, 2016 Classic Interval Start**

7:00-10:00 AM - Bib pick up in VSSA - downstairs near cafeteria

**Estimated start times - Classic 15 sec intervals**

9:00 - Males Senior/U20/U18…….…....10km

9:55 - Females Senior/U20/U18/U16…...5km

10:50 - Males U16 ………………………….5km

11:30 - Males U14 ………………….……....3km

11:50 - Males U12…………………………..3km

12:15 - Females U14……………………….3km

12:45 - Females U12 ……………….……...3km

1:15 - Males U10/U8 ………………...2km

1:20 - Females U10/U8.. ……….……2km

\*\*awards will take place in the stadium 15 minutes after the completion of each race\*\*

**Sunday, February 21, 2016 Freestyle Mass Start**

9:00 - Females Senior/U20/U18 …..7.5km

9:40 - Males Senior/U20/U18……...7.5km

10:20 - Females U16 ………………5km

10:50 - Males U16 ………………….5km

11:20 - Males U14 ………………….3km

11:30 - Males U12 …………………..3km

11:40 - Females U14 …….…………3km

12:00 - Females U12……………….3km

12:20 - Males U10/U8 ……………...2km

12:25 - Females U10/U8…………...2km

\*\*awards will take place in the stadium 15 minutes after the completion of each race\*\*

1:30 - RMN Junior Competition Committee Meeting - VSSA conference room

2:00 - RMN Junior National Team naming - VSSA Gymnasium

**Team Registration**

* Entries are due to Mike Elliott & Four Corners’ Timing by Tuesday, February 16, 2016 7:00PM
* Bibs will be distributed in the school
* There will be a $50.00 fee for lost or damaged bibs

**Rocky Mountain Nordic Team Individual Entry Fees**

* U16 and older - $35 per race
* U14/U12 - $25 per race
* U10/U8 - $10 per race

**Please make checks payable to SSCV**

**Course Notes, Inspection and Course**

* No backwards skiing on course at anytime
* Course is open to all skiers

**Seeding**

Saturday’s seeding for interval start will be on USSA points for U16-U20 women and U16-20 men. All other seeding will be based on RMN points.

Sunday’s seeding for mass start will be based on USSA points for U18/20 both men and women. All other groups will be seeded based on RMN points.

**Miscellaneous**

* The gymnasium will be open for athletes and coaches. We will provide a waxing area within the gym for a limited amount of tables and teams. We will also have power and a coach area near the start/finish
* Team vans will be allowed to park behind the school
* Bathrooms and locker rooms will be available - please make sure you instruct your athletes to be tidy
* Additional bathrooms will be provided near the start/finish (outside)
* Buses will park in the bus circle
* Trails will be open both days --- skiing the technique of the race!

**Organizing Committee**

Chief of Comp - Grant Herzog

Chief of Course - Christian Kloser

Chief of Stadium - CB Bechtel/Dan Timm

Race Secretary - Brittney Ziebell

Race Secretary Assistant - Carmen Weiland

Volunteer Director - Shelly Shanley

Chief of Medical - Jean Hadley (20th), TBD (21st)