



**Event:** Roaring Fork Valley- “Tour de Sea” Nordic Ski Festival  
AND 2016 Rocky Mountain Nordic/U14 and Younger Championship  
Hosted by the Aspen Valley Ski & Snowboard Club Nordic Team

**Location:** Aspen High School Trails, Aspen, CO  
Spring Gulch Nordic Trails, Carbondale, CO

**Events:** February 27th, 2016 Xtreme Cross-Country, Freestyle Interval Start  
February 28th, 2016 Costume Classic Wave Start, 2K, 3K, 4.5K

**Schedule:**

**Tuesday, February 23<sup>rd</sup>**

7:00pm-- Registration closes, please email entries to Maria Stuber, [mstuber@teamavsc.org](mailto:mstuber@teamavsc.org).

**Thursday, February 25<sup>th</sup>**

12:00pm -- Entry list will be published and distributed

**Friday, February 26<sup>th</sup> – Official Training Day at Aspen High School Trails**

- 9:00am -- Course opens for inspection
- 2:00pm -- Course closes
- 3:30pm -- CHSAA State Meet- Girls 5K Skate, Mass Start
- 4:00pm -- CHSAA State Meet- Boys 5K Skate, Mass Start
- 5:30pm – Please indicate if there are any scratches
- 6:00pm -- Team Captains Meeting & Check In- AVSC Clubhouse
- 6:30pm – Start list published

**Saturday February 27<sup>th</sup> – Aspen High School Trails, Xtreme Cross-Country, Freestyle Interval Start 2km**

8:45-9:45 bib pick up, same bib for both days

**Estimated Start Times**

**\*All Start times are subject to change**

- 10:00am – 1<sup>st</sup> Run, all ages ~2km
- 11:00am – 2<sup>nd</sup> Run, all ages ~2km
- 12:00pm – Coaches Relay

12:00pm to 5:00pm -- Sunday’s courses at Spring Gulch will be marked all day if athletes want to preview.

**\*\*\* All skiers will be allowed to ski the course 2 times in an attempt to post the fastest time. Only athlete’s fastest times will be used to determine results.**

**\*\*\*Awards will be presented the following day at Spring Gulch.**

## Sunday, February 28<sup>th</sup> – Spring Gulch Trail System, Costume Classic Wave Start 2km, 3km, 4.5km

7:30-8:30 bib pick up at Spring Gulch, same bibs for both days

### 10:00 AM Race Start Time

**\*All Start times are subject to change**

Waves will go off every 5 minutes

Start Order: U14, U12, U10, U8, Open

12:15pm- BBQ at Spring Gulch near start/finish area!!!

12:30pm – Awards

**\*\*\*Wear Costumes. There will be an award for the racer with the best UNDERWATER themed costume!**

### Awards:

Tour de Sea Saturday & Sunday- one year age groups for U14 and younger, open older class is all in the same group.

Tour de Sea Overall based on combined time- regular 2 year age groups for U14 and younger, open older class is all in the same group.

RMN U14 & Younger Age Group Champions named. Only athletes with RMN licenses will be eligible for RMN awards.

### Waiver and Release of Liability:

There are two separate waivers for this event. Each competitor must have a signed AVSC and Spring Gulch waiver and release of liability.

### Entries

Due Tuesday February 23<sup>rd</sup> - 7:00 PM, email to Maria Stuber, [mstuber@teamavsc.org](mailto:mstuber@teamavsc.org) \*Please make checks payable to AVSC.

U16 and older - \$25.00 per race      U14/U12 - \$25.00 per race      U10/U8 - \$10.00 per race

Team Membership Form Available as well as individual registration at <http://www.active.com/aspenco/winter-sports/skiing/tour-de-sea-nordic-ski-festival-2016>

### Bibs

Distributed at registration table in the morning. AVSC on Saturday, Spring Gulch on Sunday. Athletes registered for both days will keep their bibs on Saturday to use again on Sunday. There will be a \$60.00 fee for lost or damaged bibs.

### Waxing Area

Saturday: Outside in the back of AVSC, limited power will be available

Sunday: Anywhere skiers left of the finish area. There is no power available at Spring Gulch.

We recommend LF and CH glide waxes only; however there is not waxing protocol for this event.

### Bathrooms

Saturday- AVSC clubhouse, please make sure you instruct your athletes to keep it clean! Additional porta potties are located in the AVSC parking lot.

Sunday- porta potties only.

### Directions to Aspen High School Trails (Saturday):

From the Element Hotel in Basalt, drive East on Hwy 82 towards Aspen. At Aspen traffic circle, take first exit onto Maroon Creek Road, go left on Moore Drive, left on AVSC Drive, pass AVSC on the right and drop off at the high school. **Absolutely no parking at AVSC or Aspen High School!!! Parking:** Aspen Middle School Lot- Go back down Maroon Creek Rd, first right on Bus Barn Lane, walk up ally to AVSC.

### Directions to Spring Gulch Trail System (Sunday):

From the Element Hotel in Basalt, head west on Hwy 82 towards Carbondale. Use the left two lanes to turn left on CO-133. At the traffic circle, take the first exit onto Main St. Continue onto Co Rd 106, take a slight left onto Co Rd 108. Drive about 6 miles and find the Spring Gulch Trail System on your Right. Watch for speed dips and please obey the speed limit on this road. The ranch owners on your way up are the people that make skiing at Spring Gulch possible. **Parking:** Fill the parking lot first, overflow parking will be on the road.

## **Refreshments/BBQ**

TBD

### **Seeding for Saturday & Sunday**

Saturday- All athletes with RMN licenses will be seeded by RMN points on Saturday. All others will be separated by a couple ghosts and scrambled.

Sunday- All waves will have 11 athletes. RMN licensed athletes will be seeded by Saturday's results and be put in waves with other RMN licensed athletes. All Non-RMN licensed athletes will also be seeded by Saturday's results first, then scrambled. Non RMN licensed athletes will be put in waves with other non-RMN licensed athletes.

### **Aspen Organizing Committee**

Chief of Competition:	Bryan Cook
Chief of Course:	Matt Kuhn
Race Administrator:	Maria Stuber
Chief of Stadium:	Ben Dodge
Chief of Timing:	James Read
Chief of Start:	Travis Moore

### **Spring Gulch Organizing Committee**

Chief of Competition:	Bryan Cook
Chief of Course:	Rob Russell
Race Administrator:	Maria Stuber
Chief of Stadium:	Nils Koons
Chief of Timing:	James Read
Chief of Start:	Justin Silcox